

## Confirmation Retreat

Teens should be dropped off at St Tim's at 6pm on Friday, November 17.

They can bring their stuff into the gathering space of Church and then sit in the pews for directions. We will carpool up to the retreat center. Dinner will be served on retreat at 7:30pm.

We will return to St Tim's on Sunday in time to attend the 11am Mass. Following Mass we will share a meal and slideshow in the gym. We hope your whole family joins us for Mass and the meal.

The retreat is at Summit Lake which is up in the mountains behind Mt St Mary's University in Emmitsburg.



The teens will be staying in a Boys Lodge and a Girls Lodge. Each room in the lodges has 2-3 bunk beds and one bathroom. Teens get to choose who they room with.



Our meeting space is called The Chapel

### Things to Bring:

Linens or sleeping bag

Comfy, modest clothes

Bible, journal, rosary etc

Basketball/soccer ball/Frisbee

Flip flops for showers

Personal toiletries

Flashlight

Pillow

Sneakers for gym & ropes course

Towels for showers, wash cloths

Little bit of \$ for vending machines/ hot cocoa

Camera if you like

One8 Journals

**Boys:** bottled waters or juice boxes to share

**Girls:** Individually packaged snack to share (chips, crackers, cookies)

### Things not to bring:

Alcohol, drugs, tobacco products

### Cell phone Policy:

Teens will be expected to leave their phones in their bags. If they become a distraction an adult will hang on to it and hand it off to their parent when we return to St Tim's. There is also terrible reception up there and no wifi.

**Lights Out:**

Teens are expected to be respectful of bed time. If teens choose to be disrespectful in the wee hours of the night we will inform a parent when we return to St Tim's.

**Contact Numbers:**

In case of emergency contact the retreat center directly, most cell phones do not get reception at Summit Lake. Retreat Center 1 888 770 5338

Marissa cell: 240-344-3342

**Medication:**

Any medication the teens need should be given to Matt (males) or Carolyn (females) upon departure with written instructions enclosed.

**Dietary Needs:**

If your teen has any dietary needs please let Marissa know ahead of time so that she can arrange for meals with the cafeteria staff. There is a fridge teens can store special food in.

**Retreat Discipline Policy:**

1. In cases of minor disruptions teens will be warned and could be removed from an activity.
2. Major infractions, such as, drugs, alcohol, vandalism, sex or violence, will result in the teen's parent coming to pick him up and taking him home immediately.