

Confirmation Retreat

Friday April 22 at 6pm til Sunday April 24 at 1:30pm

*The retreat ends with Mass & lunch at St. Timothy's at 11:30. This Mass is not optional. We hope families will join us for this Mass.

Things to Bring:

Linens or sleeping bag	Pillow
Comfy, modest clothes	Sneakers for gym & ropes course
Bible, journal, rosary etc	Towels for showers, wash cloths
Basketball/soccer ball/Frisbee	Little bit of \$ for vending machines
Flip flops for showers	Camera if you like
Personal toiletries	Interview Study Guide/One8 Journals
Flashlight	Little bit of money if they want to buy hot cocoa

Boys: bottled waters or juice boxes to share

Girls: Individually packaged snack to share (chips, crackers, cookies)

Things not to bring:

ipods, mp3 players etc.
Video games
Alcohol, drugs, tobacco products
Cell phones

Cell phones:

Teens will be expected to leave their phones in their bags. If they become a distraction an adult will hang on to it and hand it off to their parent when we return to St Tim's.

Lights Out:

Teens are expected to be respectful of bed time. We are sleeping 12-14 people in a cabin. If teens choose to be disrespectful in the wee hours of the night we will inform a parent when we return to St Tim's.

Contact Numbers:

In case of emergency contact the retreat center directly, most cell phones do not get reception at Summit Lake. Retreat Center 1 888 770 5338

Marissa cell: 240-344-3342

Medication:

Any medication the teens need should be given to Paul (males) or Amy (females) upon departure with written instructions enclosed.

Dietary Needs:

If your teen has any dietary needs please let Marissa know ahead of time so that she can arrange for meals with the cafeteria staff.

Retreat Discipline Policy:

1. In cases of minor disruptions teens will be warned and could be removed from an activity.
2. Major infractions, such as, drugs, alcohol, vandalism, sex or violence, will result in the teen's parent coming to pick him up and taking him home immediately.